



PAWNEE NATION OF OKLAHOMA

DHCS-TITLE VI Senior Nutritional Meals Program

(918) 762-4042

Lunch is 11:30am to 12:30pm

Drinks and fruit served daily

JUNE 2018

MONDAY	TUESDAY	WEDNESDAY	THURSDAY
			31 Bean Burritos (LTOC) Sour cream Chips & Salsa
4 Corn Dog Tater Tots Baked Beans	5 Pork Chop Stuffing w/ Gravy Peas Cranberry Relish Food Bank	6 Beans & Ham Baby Bakers Corn Bread Diabetic Check	7 Fish Sandwich Oven Fries Green bean
11 Ham & Cheese 3 - Bean Salad Baked Chips	12 Hamburger (LTOP) Onion Rings	13 Baked Potato With all Fixings Chili Crackers	14 Chicken Alfredo Broccoli Garlic Bread
18 Fish Sticks Mac & Cheese Cauliflower Hush Puppies	19 BBQ Pork on Bun Pork & Beans Fried Oakra Food Bank	20 Salisbury Steak Mashed Potatoes w/ Gravy Carrots Roll Diabetic Check	21 Soft beef Taco (LTOC) Salsa Mex-Corn Guamole & Chips
25 BLT Bell Pepper Pasta Salad Baked Chips	26 Catfish Hush puppies Carrot Slaw	27 Spaghetti & Meatballs Green Beans Garlic Bread Stick Birthday Cake	28 Turkey Sandwich Lettuce & Tomato Celery Stick & Cheese Cubes

Menu Approved by: Kellie Bryant, Pawnee Indian Health Service Registered Dietician

A senior is 60+ years

Non-elder meal is \$7, served after 12:10pm

Transportation and meal requests are accepted until 8:30am

Deliveries are available for the ill

