In this Issue:

StoneWolf Casino & Grill Now Open

Pa<ee Pakoo<oo
Pre-School Students
MESSAGE FROM THE PRESIDENT

Dear Fellow Tribal Members, Happy 2010!

There are many positive things taking place in the Pawnee Nation for which we are thankful. Here is a brief over view:

• A very positive breakthrough for the Pawnee Nation College mutually working together in achieving an academic partnership in the near future with Haskell Indian Nations University, Lawrence, Kansas. Thanks to President Dr. Todd Fuller of PNC.

• The ICDBG coordinator, Muriel Robedeaux has been obtaining funding to remodel many of our buildings. To many of us, it is still referred to as the “old Indian hospital,” its refurbishment is nearing completion. It is being equipped with modern geothermal heating and cooling.

• The Berry Building in the City of Pawnee, is being remodeled for our museum and Education/cultural center for our young people.

• The Roam Chief Building – Food Distribution Program, is undergoing remodeling complete with geothermal heating and cooling, as well as the other part of the building.

• The Wellness Center and Day care is having an additional 3000 sq. ft. added, it also will have the modern geothermal heating and cooling system. This system saves us energy money down the road, although initially it costs a little more. It will easily pay for itself in a few short years.

• The Stone Wolf Casino and Grill is in operation. Many long and hard hours of work has been expended by the PTDC Board and staff to make this a reality and they continue to work on proposed projects.

As it stands right now, the Pawnee Nation is the largest employer in Pawnee County. We are fortunate and we give thanks to all those people who had a vision and went to work on it with the Lord’s blessings. All that has been accomplished is for the Pawnee Nation to benefit the Pawnee Tribal people and their families.

Thank you,

President George E. Howell
The Pawnee Nation of Oklahoma is accepting employment applications for the full-time, regular status positions of:

- I.H.S. Housekeeper
- Infant thru Pre-K Assistant Teacher
- Infant thru Pre-K Lead Teacher
- Court Clerk

In addition, applications are being accepted for the part-time (20 hours/week), regular status position of

- Infant thru Pre-K Assistant Teacher

For complete job descriptions, application deadlines, and the employment application form, please visit our website at www.pawneenation.org

FEbruary / MARCH COMMUNITY CALENDAR

**Education**

Free GED Classes- Roam Chief Building. Classes are every Tuesday and Thursday from 5 p.m. to 8 p.m. Contact Chris Hill, Youth Services Coordinator at 918-762-2541, ext. 34.

**Health**

February 4th – Kellie Bryant, I.H.S. Nutritionist will be here to discuss nutritional health issues and answer some questions or concerns that the elders might have. She will be at the Title VI dining room from 11:30 a.m. – 12:30 p.m.

February 4th – Carol Taylor, Nutritional Education Assistant (NEA) of the Fresh Start Nutrition & You Program, OSU Extension office will be here at 1:00 p.m., Title VI dining room.

**General**

OSU-Stillwater Career Fair - February 11. For more information, contact OSU Career Services at 405-744-5253 or go to www.hireosugrads.com.

OSU-Tulsa Career Fair - March 4. For more information, contact OSU Career Services at 405-744-5253 or go to www.hireosugrads.com.

February 8th – Elders Advisory Board fundraiser- Indian Taco Sale at the Community House.

February 10th – Title VI Senior Program Elders Valentine’s Day Party and bingo games will be played from 11:30 a.m. – 1:30 p.m. at the Title VI dining room.

February 12th – Program activity- Pawnee, Otoe, Iowa and Sac and Fox Title VI Senior Programs Valentine’s Party at the Elders Nutrition site in Red Rock, Oklahoma at 12:00 p.m.

Co Ed Softball to begin. Sign ups will start February 15-26. Qualified applicants are 13 years and older, male and female to participate. Practices will begin February 22nd to March 12th. Games will begin March 22nd to April 30th

February 17th – Pawnee Nation Employees Club Indian Taco Sale at the Community Building. 11 a.m. to 2 p.m. Proceeds go to fund the annual community Easter Egg Hunt. Price will be $5.00.

February 21st – Title-7 Youth Valentine’s Day Hand game at 1:00 p.m. MP building. Title-6 Elders will be helping out the youth in challenging the Ponca Title-7 youth and the Ponca Title-6 Elders Program. Everyone is invited to come out and join us!

February 25th – Elders Advisory Board Meeting, 12:30 p.m. – Title VI dining room.

February 26th – Elders Advisory Board fundraiser – Meat pie sale at the Community House in Pawnee, OK from 11:30 a.m. – 3 p.m.

March 15-19 - Spring Break Camp will be held at the Pawnee Nation’s Gym for ages 8-12, with teenagers volunteering to mentor.

March 26 & 27- Healthy Nations with the Pawnee Nation College will host an Invitational Basketball tournament. The 8 teams consist of Pawnee Nation College, Kansas University, Haskell, Commanche College, Cheyenne and Arapaho College, Creek College, Northern Oklahoma College, and Oklahoma State University.

May-June 2010 - “Remembering the Past; Voices from Pawnee Elders.” Hear Pawnee elders speak of the “old days,” not only what they remember but stories from their elders. These elders are the last Pawnees to grow up speaking their own language. Pawnee Indian Museum 480 Pawnee Trail Republic, KS 66964. For more information, contact Richard Gould at 785-361-2255.

**For your convenience, Tax & enrollment services are located in Building #1, the old Agency Building.**

490 Agency Rd
918-762-3624
EXCITEMENT IS IN FULL SWING AT STONEWOLF

By Lindsey Teter, TDC Director of Marketing

The excitement of getting the doors opened at StoneWolf Casino & Grill lends to the atmosphere of the new facility. The official Grand Opening blowout was held on January 13th, 14th and 15th with radio stations on-site and hot seat drawings for OSU athletic events, t-shirts and Legendary guest service!

Weekly promotions began January 25th with Ladies Night, Men’s Night and Seniors Mornings. Big promotions are in the works for this coming year!

Ladies Night is every Monday and Men’s Night is every Tuesday from 5pm - 10pm. Each will receive $5.00 Free Play and from 5pm – 9pm can register for a $500 cash drawing to be held at 10pm. From 6pm - 9pm, hourly drawings for $100 cash hot seat drawings.

Every Thursday, Seniors (55 or older) receive $5 Free Play from 7am - noon. During Seniors Mornings, Seniors earn DOUBLE POINTS on Players Club Cards and the StoneWolf Grill breakfast buffet is 50% off!

The soft opening period of the newly completed facility began on December 22, 2009 with a private Christmas party for the tribal employees and a New Year’s Eve promotion.

With more than 200 games and a 70-seat restaurant, the 10,000sf facility is located at the Pawnee Nation Travel Plaza on Hwy 18 at the intersection of Hwy 412.

PAWNEE NATION FOOD DISTRIBUTION GROUNDBREAKING

The Pawnee Nation will break ground Monday, February 8 on a project to renovate and expand the current food distribution building.

The groundbreaking ceremony will be at 10 a.m. at the Roam Chief Building, 810 Morris Drive.

The project will take about six months to complete and is funded with $640,000 of stimulus grants from the U.S. Department of Housing and Urban Development and the Department of Energy, Community Development Block Grant Project Manager Muriel Robedeaux said.

The Pawnee Nation’s food distribution program provides food to low income Native Americans local to the Pawnee area, Division Director of Health and Human Services Christi Schultz said.

When the expansion is complete, food distribution operations will be more centralized, storage area will be increased and customers will have better access to the building, Schultz said.

The current Food Distribution program provides enough food for customers to eat three well-balanced meals a day. Participants must meet income qualifications, and can contact the program for more information at 918-762-2541, ext 26.

Schultz said it serves anywhere from 250 to 500 members of the Pawnee Tribe and other local tribes, depending on economic factors.

Story modified from the Phil Jankowski, Stillwater NewsPress article.
GET YOUR WORK PUBLISHED IN THE PAWNEE NATION ANTHOLOGY

The editors of Out of the Sky, a collection of Pawnee writing, stories, and art are seeking additional submissions by tribal members and others who are interested in having their work considered for publication in what will be a Pawnee National anthology.

Another call for submissions is being released because several university presses have expressed an interest in publishing the anthology, but the editors need more submissions in order to meet length requirements.

The editors are seeking submissions in all genres, including poetry, fiction, non-fiction, essay, autobiography, drama, screenwriting, artwork, and so on. We welcome original and previously published pieces (so long as previous publishers are given credit).

All interested writers and artists can submit their work by email to: Todd Fuller at tfuller@pawneenationcollege.org, or to James Riding In at pawnee1@asu.edu. Submissions can also be sent to the following address: Pawnee Nation Anthology, Pawnee Nation College, 861 Little Dee Drive, Pawnee, OK 74058. (Do not send originals; send only photocopies.) The deadline for submissions is February 26, 2010.

PRESIDENT’S LIST ANNOUNCED AT PAWNEE NATION COLLEGE

Dr. Todd Fuller, President of Pawnee Nation College, announced the President’s List for the Fall 2009 semester.

The following full-time PNC students earned a 4.0 grade point average (GPA) on a 4.0 scale: Zach Rice and Elaine Rhoades.

Other students who earned a GPA of 3.5 or above include: Jason Campos, Anna Kelley, Brandi Leading Fox, and Glenda Neal.

Students who earned a 3.0 GPA or above were: Mary Blackowl, Patricia Brown, Kendra Bruce, Laci Dent, Dustin Dunbar, Calvin Rowe, Jack Spears, Caleb Tiger, and Rheanna Wilde.

The College staff, faculty, and Trustees congratulate each student for an outstanding semester.

The Pawnee Nation College is a tribal-affiliated higher education institution located on the Pawnee Nation reserve near Pawnee, Oklahoma. Through an academic partnership with Northern Oklahoma College, students at PNC can earn a degree in American Indian Studies and take other college-level coursework that is transcripted by NOC.

The College seeks to meet the higher educational and cultural needs of the Pawnee Nation, other surrounding Indian nations, and all who have the desire to engage in a life of learning.

PAWNEE NATION PLANNING & DEVELOPMENT UPDATE

By Ted Moore, Tribal Planner

The Planning Office will be implementing a community and tribal economic development survey to receive responses from the community on future growth and needs. A Tribal Historical Preservation Office (THPO) grant proposal will be completed soon which will enable the Pawnee Nation in the future to assume specific State Historic Preservation Office duties and responsibilities with regard to Pawnee Nation lands.

The Pawnee Nation recently received award of an ANA-SEDS grant which will enable us to develop infrastructure with fiber optic backbone. The infrastructure will improve our communications across the campus and develop and improve collaborations and accountability of our tribal programs and services to tribal members. Share point and tracking of applications are just a few examples of tools the ANA-SEDS grant will use to improve the Pawnee Nation’s infrastructure.

A grant proposal to the Center for Disease Control (CDC) agency was recently submitted. The grant is titled “Communities Putting Prevention to Work.” Our directors overseeing stimulus grants have recently submitted another round of reports through the federalreporting.gov system. We have six stimulus grants and two are completed. Thank you to the directors overseeing these stimulus grants for their hard work in administration and reporting on these grants.

Offices at the old clinic building have been renovated and will soon become operational. Offices and staff of the new Violence Against Women grant will be located at this building. The renovation at the Berry building up town will soon be completed and become staffed by the Education and Repatriation Programs.

PAWNEE NATION AFTER SCHOOL PROGRAM

The Youth Services and Healthy Nations Programs are coming together to create an After School Program that will meet the educational needs of the Pawnee Nation Youth.

This After School Program will have arts and crafts, wellness and fitness education, Pawnee Language, and prevention education. This program will be offered in the coming months.

For more information you can contact Chris Hill at 762-2541, ext. 34.
STICKS AND STONES: NICKNAMES

By Theda GoodFox Kresge

Nicknames.

A practice common in many tribes, continuing even today. One would think it was a required rite.

Wikipedia notes the unique quality of the practice observing an individual may have it in addition to what they were given at birth. Webster’s dictionary mentions a nickname is an additional name given to a person, place or thing; usually descriptive and given in fun, affection or ridicule. Stephen Vincent Benét, poet and novelist, wrote “I have fallen in love with American names, the sharp names that never get fat . . . the plumed war-bonnet of Medicine Hat, Tucson, and Deadwood and Lost Mule Flat”. Wonder what he would have written about those bestowed with nicknames.

Nicknames usually began in one’s family. However, those attending the government boarding schools sometimes received their christening while there. It was a common exercise within the Pawnee Indian Boarding school. Even the formal name of that institution did not escape the debauchery. Some unknown pundit gave it the common name of “Gravy” which has echoed through time. Some boarding school alumni have said it was because of the perennial chipped beef gravy, a common staple at many breakfasts.

Nicknames conferred upon boarding school students seem to have come from physical characteristics or most likely an incident the individual had been involved in. For whatever reason, nicknames were the norm and the person usually responded as if it was their given name. During my 7-year stretch at “Gravy” it seemed the boys had more propensities for nicknames. “Frog”, “Skunk”, “Mouse”, “Corky” were some of the designations.

For decades, some adults in our tribe were known by their nickname; “Mutt”, “Bacon”, “Crow-meat”, “Ugh”, “Bitsy”, “Moose”, “Chief”, “Coach”, “Rats”, “Junior”, “Skippy”, “Witty”, “Doc”, “Cheese”, “Bink”, “Curly”, “Puggy”. Use of their given name brought blank looks or questions by younger tribal members who had no idea or recognition of the individual’s identity. Once upon seeing the actual name of a tribal elder in an obituary, there was much confusion among the younger set as they had no idea who was being buried.

Within my family circle, a late cousin was “Sister” to everyone. Others were “Snooky”, “Teedles”, “Honey”, “Sweet Pea”, “Ike”, “Bobut”, “Tug”, “Sugar”, “Tini”, “Issboy”

Did I have a nickname?

(Groan) Yes.

I did not escape the malady in my family of origin.

There were farm neighbors whose last name was Tinkles. Apparently the wife was well-rounded.

I was a chubby baby. My late uncle Phillip doing a take-off of their name began calling me “Tinkle” but added “Bell”.

Growing up in my family, I was called by that name which became known to all relatives. None ever asked if I liked being called that. I didn’t. But like so many other things, kids in my family did not challenge the adults. The “Bell was soon dropped and I was known as “Tinkles” or as my Grandmother Nannie would say “Tink”.

Later, as a young adult home from college on visits, when instructed by my grandmother to go speak to a tribal elder at gatherings, I complied.

Often the aging tribal member peered unknowingly at me as I paid my respects. Some would stare, then ask,

“What are you?” or “Who is this?” of their family members.

The answer, “It’s Theda” brought questioning stares.

However, when I replied, “It’s ‘Tinkles’ or ‘Tinkle Bell’”, their reaction was immediate.

Small cries of recognition.

Chuckles of familiarity.

Arms reaching for a hug.

They knew me.
National Native American Youth Initiative (NNAYI) is designed to prepare high school students for admission to college and professional schools, as well as for careers in health and biomedical research. Feel free to share this information with other interested parties. For more information and to access the on-line applications, visit the AAIP student website at www.aain.org.

Role Models/Chaperones

Selected high school students will receive a scholarship that covers airfare, lodging and most meals during the NNAYI program. Selected high school students will participate either one class or multiple classes - depending on the participant’s educational / training goals. A diverse and challenging curriculum, as the Program includes a total of thirteen classes. For more information, contact Andrew Gray at 918.762.3343 or agray@pawneenationcollege.org, or email Staci Glyckherr at sglyckherr@pawneenationcollege.org.

2010 AISES Internships

Attention AISES Students!

It's time to start making plans for summer 2010. Have you considered an AISES summer internship? Internships are a vital part of your higher education goals. With the job market being very competitive these days, many employers are looking for college graduates who have some type of "real work" experience. The best way to attain this type of experience is through a summer internship. The AISES Internship Program provides students with hands-on work experience opportunities to gain relevant skills and knowledge, explore future career options/opportunities, and develop professional networks.

Internships.

Eligibility criteria include:

- Cumulative GPA of 3.0; exceptions will be evaluated on a case by case basis.
- Must be enrolled and pursuing a degree in the undergraduate or graduate program of an accredited college or university on a full-time basis.
- Undergraduate students from the sophomore class through the senior class are eligible. Graduate students at any level are eligible
- U.S. Citizen

Interns are provided with the following provisions:

- Round-trip airfare or mileage to internship site
- Weekly stipend
- Dormitory lodging
- Local transportation allowance

The 2010 AISES Summer Intern application deadline is February 15, 2010 and can be found at the following link: www.aises.org/Programs/ScholarshipsandInternships/
December 9, 2009 – PBC Meeting

The November 19, 2009 PBC Meeting minutes were approved. Council members and the Executive Director provided reports on their activities since the previous PBC meeting.

Under Old Business:
Revisions to the Pawnee Nation Organization Chart were approved.

The Agriculture Lease of land at Chillico was discussed and it was decided to ask the BIA to advertise for bids with a bid opening January 8, 2010.

A Request from the Title VII Parent Committee to utilize tribal buildings without fees for Sunday, February 14th Handgame and May for school awards – both dates were approved.

Changes to members of the Tribal Emergency Response Committee, making all Division Directors members – approved.

The Tribal Member Benefit Code was approved. This allows the tribe to administer a housing insurance program for enrolled tribal members.

Resolution #09-74 – Approving the Pawnee Nation Tort Claims Act.

Under New Business:
2010 Holiday Schedule – approved.

Request to purchase three police vehicles – approved.

Request to contract the Skedee Bridge Project – approved.

Request for PBC to set Liquor License Fees - $150 for entity license approved. No individual licenses required due to State licensing.

A request to remove the taxation of mobile homes from the Tax Code was tabled.

All 2010 Budgets that have been approved by the Budget Committee were approved by the Pawnee Business Council.

In Executive Session:
Council interviewed for the Division Director for Finance and Tax and the Division Director for Tribal Operations and reviewed the 2009 ICDBG Construction Management Company.

After Executive Session, Bernice “Bo” Lewis was selected as Division Director for Finance, Jimmy Jestes was selected as Division Director for Tribal Operations and reviewed the 2009 ICDBG Construction Management Company.

Resolution #09-75 – Making a change to the Pawnee Nation Tort Claims Act.

Under New Business:
2010 COLA was approved at 1.77 percent.

Resolution #10-01 – Table Creek Treaty – for the Drawdown of the 2010 Annuity funds was approved.

Resolution #10-02 – Agriculture Lease at Chillico was approved.

Council approved the invoice for services for an Evaluator for the Pawnee Nation College for $9,903.69.

Purchase of a copier for the Pawnee Nation College was tabled.


Discussion regarding the 2009 ICDBG project. The funding agency only approved part of the proposal and Council decision was needed. An extension was requested in order to review all the information.

A request to rent the 2nd floor of the Old Clinic was tabled pending a request to the funding agency regarding allowable uses of the building.

A request to approve the Pawnee Nation Gaming Commission HR policies was withdrawn and a request to revise the Communications/Technology policy was tabled.

Pawnee Business Council
4th Quarter 2009 Resolutions

#09-66 – Pawnee Nation Group Dwelling Coverage Program and Regulation Act – (was TABLED by a vote of 6 for and 2 not voting on September 23, 2009.) But was approved at the December 9, 2009 PBC Meeting by a vote of 7 for, and 1 (President Howell) not voting.

#09-67 – Drawdown Proceeds of Labor (Withdrawn at this time. Resolution # not used.)


#09-69 – ATTG – A resolution to request to request mature status for BIA funds for Aid to Tribal Government Program – approved by a vote of 7 for, none against, 1 (President Howell) not voting. October 30, 2009.


#09-71 – Special Diabetes Program – A resolution to request BIA funds for the Special Diabetes Program for one year – approved by a vote of 7 for, none against, 1 (President Howell) not voting. October 30, 2009.

#09-72 – Appointment to the Housing Commission – Joan Roberts – approved by a vote of 3 for, 3 against, 1 not voting. President voting yes to break the tie. October 30, 2009.

#09-73 – Appointment to the Housing Commission – Linda LeForce – approved by a vote of 5 for, 1 against, 2 not voting (Linda Jestes and President Howell). October 30, 2009.

#09-74 – Pawnee Nation Tort Claims Act – a resolution to add this act to the Law and Order Code - approved by a vote of 6 for, 1 absent, 1 not voting (President Howell). December 9, 2009.

#09-76 – Revision to Liquor Control Ordinance – to interpret that only a business entity requires a liquor license – approved by a vote of 6 for, 0 against, 1 absent, and 1 not voting (President Howell). December 9, 2009.

#09-77 – Non-Interference Agreement – GWGM, LLC for the financing of StoneWolf Casino & Grill – approved by a vote of 7 for, 0 against, 1 not voting (President Howell). December 28, 2009.
HEALTHY NATIONS SEeks PARTICIPANTS FOR CASE STUDY

By Suzy Knife Chief Snell, HP/DP Healthy Nations

A Case study among the Pawnee Nation’s employees, members, and other affiliated tribal members is needed for research. Physical Activity Readiness Questionnaire (PAR-Q) is a simple, yet valid screening questionnaire will be given to all applicants before the case study begins.

It has become evident that excess fat in the abdominal region is a greater health risk than having excess fat in the arms and below the waist (extremities). Native American bodies are genetically designed to carry more weight in the abdomen area than in the extremities due to historically cultural related evidence of feast and famine. Our bodies are made up differently, thus, the case study.

The CDC recommends accumulation of 30 minutes or more of moderate intensity physical activity. They have done research similar to this case study but Natives were under represented to know if our bodies respond the same as the majority represented. Will our bodies react to the division of 30 minute workouts, or do we have a greater benefit, if it is indeed, 30 minutes straight through?

There will be 2 groups. The first group will work out 30 minutes straight through, 3 of the 7 days per week. The second group will work out 3 of the 7 days per week as well, but it will be divided into either 2 fifteen minute sessions or 3 ten minute sessions. There shall be a pre, midway, and post assessment test of BMI’s, waist to hip ratio, and blood pressure.

This is research to see if our bodies, with both groups, respond to exercise and how well it reacts to our physiological aspect, for this reason, the blood pressure will be checked as well as the physical benefits.

According to CDC, the case study is to understand that physical activity need not necessarily be performed all at one time but as long as 30 minutes is done.

Does this hold true among the Pawnee Nation of Oklahoma employees, members, and other affiliated tribal members?

Come join the research!! Accepting applicants starting February 1st to the 19th. Measurements will be recorded on February 22-23. We will start February 22nd through May 14th with pre, midway, and post assessments. This case study will work great with the Fitness Center’s Weight Loss program.

For more information, contact Suzy Snell at 918-762-2153.

PANC RECRUITS IN VEGAS

By Suzy Knife Chief Snell, HP/DP Healthy Nations

The PNC admissions team, Staci Glyckherr, Marcie Stephenson and Andrew Gray, met with over 150 people and discussed the College’s educational opportunities. The trip was a success, as the College’s training program will be endorsed by National Gaming Regulators in addition to NIGA.

PAWNEE NATION TAX OFFICE NOTICE

NOTICE: Enrolled Pawnee Tribal Veteran who have been certified by the United States Department of Veterans Affairs to be in receipt of disability compensation at the one-hundred percent rate and the disability shall be permanent and been sustained through military action or accident service can claim an exemption from the sales tax. This exemption applies to the sales of tangible personal property or services to Pawnee enrolled veterans.

In order to claim this exemption, Please go by the Pawnee Nation Tax Office to execute a statement under oath before the Pawnee Nation Tax Staff. This statement or exemption pertains to only sales up to $25,000, anything above then they shall be subject to the tax. Please have your Department of Veterans Affairs certification and you will have to provide your Pawnee Nation picture Certificate of Degree of Indian blood in order for our office to execute this statement.

If any questions, please call the Tax Manager, Lyle E. Fields or Cecelia Hawkins at 918-762-3624.

PAWNEE ELDERs ADVISory BOARD INDIAN TACO SALE!

MONDAY -FEBRUARY 8TH, 2010
Pawnee Nation Community House
11:00 a.m. – 3:00 p.m.
$6.00 – includes Indian Taco, Dessert and Drink
Call-in orders – 24 hour advance
For more information call (918) 762-4042

Thank you for supporting your Elders!
*All proceeds go to towards the elders 2010 NICOA Conference

Pawnee Nation College’s, Staci Glyckherr, Director of Admissions, and Marcie Stephenson, Admissions Assistant, with Kareem Abdul Jabar, Hall of Fame basketball player and the all-time leading scorer in NBA history at the NIGA conference in Las Vegas, where they were recruiting for both the ONLI and TGRI Programs for Pawnee Nation College.
NEWS FROM THE PAWNEE NATION TRUANCY PROGRAM

Herman Sleeper Jr., Pawnee Nation Truancy Officer

Truancy, according to the US Department of Education, is the first sign of trouble; the first indicator that a young person is giving up and losing his or her way. When young people start skipping school, they are telling their parents, school officials, and the community at large that they are in trouble and need our help if they are to keep moving forward in life.

Be involved with your teen’s school. Get to know their teachers, the school administrators by attending Parent’s Night and other school functions. Volunteer to help where you can. Schools are always looking for parents help with chaperoning dances or field trips, or running the concession stand at sporting events. The more involved you are in your teen’s school the less likely they are to try and get away with skipping class.

Keep the lines of communication open with your teen when it comes to their school environment. Allow them to vent to you if they need to about a teacher, a certain class, etc. We all need to blow off steam. If there seems to be a major problem, work with the school and the teacher to find an answer.

Let your teenager know what the consequences are for being truant. Find out what your local area’s laws are for truancy, and if need be, have your teen talk to a local truant officer. Sometimes when these things come from someone else, our teens listen more.

For more information, call 918-762-2143.

NEWS FROM TITLE VI

By Sidra Atsye, Title VI Senior Program Director

The month of February is American Heart Month and in celebrating in keeping your heart healthy here are some fun facts that seem very interesting that could help with lowering your blood pressure and keeping your blood flowing. But before trying anything we recommend you check with your medical profession beforehand.

Keeping Your Heart Healthy All Winter!

• Indulge in a cup of hot cocoa everyday and the antioxidants will help lower your blood pressure by four points and to lower your blood pressure by 10% or more according to French researchers.
• Baby your arteries by wearing a sweater. Swedish cardiologists recently confirmed that staying bundled during the cold weather can cut your chances in half of having a heart attack. As temperatures plunge, your blood vessels tighten to prevent heat loss, which in turn is the same as having your blood vessels 70% plugged by plaque and having your blood pressure soar. So before you go out in the cold, make sure you are bundled warm and cozy.
• Drink an 8 oz. glass of water within the first 15 minutes of waking up in the morning. According to Richard M. Fleming, M.D., medical director of the Fleming Heart and Health institute in Omaha, Nebraska say that after a long night’s rest many people get dehydrated which makes the blood sticky and can trigger dangerous blood clots. Drinking the water continues the blood flow throughout your body.

NUTRITIONAL MEALS NEWS

On February 4th, the Title VI Senior Program has invited Carol Taylor, Nutrition Education Assistant of the Fresh Start, Nutrition and You Program, OSU Extension office, to teach a class on Nutritional Education every week that involves an interactive learning experience designed to teach healthy eating concepts for those who would like to know more about maintaining a healthy lifestyle, understanding the MyPyramid food guidance system and meeting your families nutritional needs.

This class will be held at the Title VI Senior Program dining room beginning at 1:00 p.m. A sign up sheet will be posted on the elders activity board located at the Title VI Senior Program for those interested in attending or you may call the office at (918) 762-4042. In making efforts to keep our elders living healthy we try to keep this type of information available to make sure their needs are met.

Also, on February 4th, Kellie Bryant, I.H.S Registered Dietician will be here from 11:30 a.m. – 12:30 p.m. to provide nutritional health information to the elders of the program.

Pawnee Nation Employee Club
Easter Egg Hunt
Friday, April 2
(Good Friday)
at 11:00 a.m.

Age categories:
0-3, 4-9, 10-13, 14-17 and 55+
FAMILY HOLDS SOLDIER DANCE FOR PAWNEE SOLDIER

Private First Class Sean Moore-Williams seen here with his mother, Tonya Moore-Williams, and father, Eddie Williams, at the Soldier Dance held at Sequoyah High School.

TAHLEQUAH, Okla. - U.S. Army Private First Class Sean Moore-Williams (Pawnee/Otoe and Keetoowah) of Tahlequah is scheduled to be based in Schweinfurt, Germany on Dec. 13, 2009. On April 1, 2010, he will be deployed to Afganistan for approximately one year.

On December 6, 2009, Sean was the honoree of a Soldier Dance held by his family and friends. The family wishes to thank Ralph Hammond, Nelly Yarholar, Eddie Wilson, Deswood Koshiway, and others who were part of the head staff. The family would also like to thank the Pawnee War Mothers, the Otoe War Mothers and the United Keetoowah Band for all of their support and prayers.

The 18-year-old Moore-Williams recently graduated from Fort Gordon, Ga., in the field of telecommunications. He said he expects to handle cable installations at the German base once he arrives and is assigned to a unit.

Moore-Williams graduated from Sequoyah High School in May and reported to boot camp shortly afterward.

Joining Moore-Williams in Germany will be his 19-year-old wife Rebecca and one-year-old daughter Brooklynne. The young couple is also expecting a son on January 22, 2010.

Moore-Williams is the grandson of Sidney Moore Jr. and Minnie Goodbear-Moore, Robert and Evelyn Conley, Jim and Beatrice Monk and Jim and Coleta Williams.

Courtesty of Native American Times

WHAT HAVE THE ELDERS BEEN UP TO?

It’s that time of the year again when the Elder’s Advisory Board begins to raise funds for their upcoming 2010 National Indian Council on Aging Biennial Conference held September 24th – 28th.

This year the elders will be raising funds to go to Traverse City, Michigan where the conference will be held at the Grand Traverse Resort and Spa. Their fundraisers have begun in January and will continue until July or until they raise enough money to pay for their registration, hotel and travel expenses.

The Elders Advisory Board will be having a meeting on Thursday, February 25th at 12:30 p.m. in the Title VI dining room in Pawnee, OK to discuss further activities and more information about the 2010 NICOA conference. To attend this conference it has been stressed by the Elders Advisory Board that all participation and involvement by the elders is highly encouraged in order for them to achieve their goal.

If you would like more information about the 2010 NICOA Biennial Conference or would like to help out with any donations or volunteer services during their fundraisers please contact an Elders Advisory Board Officer at (918) 762-4042 between the hours of 12:00 p.m. – 1:00 p.m.

We thank you for your support.

ELDERS ADVISORY BOARD MEMBERS:

PRESIDENT – Mollie Davidson

VICE-PRESIDENT – Sandra Moore

SECRETARY – Vacant

TREASURER – Richard Roubedeaux

PAWNEE ELDERS ADVISORY BOARD MEAT PIE SALE!

Friday- February 26th

Pawnee Nation Community House

11:30 a.m. – 3:00 p.m.

$5.00 – includes Meat pie, Dessert and Drink

Call-in orders- 24 advance

Contact info: 762-4042

Thank you for supporting your Elders!

*All proceeds go towards the elders 2010 NICOA Conference
2010 NATIVE AMERICAN STUDENT ART COMPETITION
Bringing Honor Through Education

Bringing Honor Through Education is the theme for the U.S. Department of Education, Office of Indian Education’s 2010 Native American Student Art Competition. The competition, which celebrates the values and successes of education in Native American communities, is open to all American Indian and Alaska Native students in grades Pre-K through 12. Winners will be announced in March 2010.

This year, Dakota Monhatwa (Photography), Charlsi Lieb (Photography), McCarthy Speakthunder (Photography), Caleb Leadingfox (Photography), and Ron Rice III (Drawing not Pictured), students at the Pa<ee Pakoo<oo Pre-School entered into the competition.
CHR ENCOURAGES COMMUNITY TO “GO RED”

 Powered by the American Heart Association (AHA), the Go Red For Women campaign is a powerful, yet passionate, source of prevention through awareness and education and connects millions of women of all ages, race, and ethnicity. With one out of three women dying from heart disease, the AHA is committed to fighting this No. 1 killer, which is largely preventable. The AHA continues to fight this disease by helping women turn simple choices into lifesaving changes. Whether it’s eating healthier, exercising more, reducing cholesterol, or quitting smoking, Go Red For Women helps women make healthy choices for themselves and their families. More than 41 million American women are living with one or more types of cardiovascular disease, yet only one in five view heart disease as their greatest health threat.

The following are alarming American Indian/Alaska Native (AI/AN) & women health statistics:

• Heart disease is the first leading cause of death among American Indians and Alaska Natives.
• Stroke is the sixth leading cause of death among American Indians and Alaska Natives.
• American Indians and Alaska Natives die from heart disease at younger ages than other racial and ethnic group in the United States; 36% of those who die of heart disease before the age 65.
• In 2003, CDC reported that the prevalence of self-reported obesity among AI/AN people was 23.9%, diabetes was 9.7%, cigarette smoking was 32.2%, and physical inactivity was 32.5%-- which are risk factors for heart disease and stroke.
• Cardiovascular disease kills approximately 450,000 women each year, which is about one female every minute.
• 64% of women who die suddenly of heart disease have no previous symptoms.
• More women die of cardiovascular disease than the next five causes of death combined, including all forms of cancer.

The Pawnee Nation CHR Team is encouraging community members to join the Go Red For Women campaign in their fight against heart disease. Get involved in the National Wear Red Day, which will be held the first Friday in February (February 5). Go Red in your own fashion—whether it is a red dress, a red t-shirt, a red dress pin, or red lipstick. Remember, this disease is preventable—take steps towards a healthier lifestyle as well as help others save to their lives. If you and/or a family member have been affected by heart disease, think about becoming a Go Red For Women Storyteller. With your voice, your story, and the Go Red For Women resources, you and the American Heart Association can:

• Guide future generations in making healthier choices that can change their lives.
• Win over heart disease and stroke together.
• Restore tribal families and communities touched by both heart disease and stroke.

Like Wilma Mankiller stated, “Knowledge is valuable and those who fail to pass it along are dooming others to repeat mistakes”.

Researched From: American Heart Association @ http://www.goredforwomen.org

WHAT IS ALCOHOLISM?

Alcoholism, also known as alcohol dependence, is a disease that includes the following four symptoms:

Craving—A strong need, or urge, to drink.

Loss of control—not being able to stop drinking once drinking has begun.

Physical dependence—Withdrawal systems, such as nausea, sweating, shakiness, and anxiety after stopping drinking.

Tolerance—The need to drink greater amounts of alcohol to get “high.”

If an alcoholic is unwilling to get help, what can you do about it?

This can be a challenge. An alcoholic can’t be forced to get help except under certain circumstances, such as a traffic violation or arrest that results in court-ordered treatment. But you don’t have to wait for someone to “hit rock bottom” to act. Many alcoholism treatment specialists suggest the following steps to help an alcoholic get treatment:

Stop all “cover ups.” Family members often make excuses to others or try to protect the alcoholic from the results of his or her drinking. It is important to stop covering for the alcoholic so that he or she experiences the full consequences of drinking.

Time your intervention. The best time to talk to the drinker is shortly after an alcoholic-related problem has occurred—like a serious family argument or an accident. Choose a time when he or she is sober, both of you are family calm, and you have a chance to talk in private.

Be specific. Tell the family members that you are worried about his or her drinking. Use examples of the ways in which the drinking has caused problems, including the most recent incident.

State the results. Explain to the drinker what you will do if he or she doesn’t go for help—not to punish the drinker, but to protect yourself from his or her problems. What you say may range from refusing to go with the person to any social activity where alcohol will be served, to moving out of the house. Do not make any threats you are not prepared to carry out.

Get help. Gather information in advance about treatment options in your community. If the person is willing to get help, call immediately for an appointment with a treatment counselor. Offer to go with the family member on the first visit to a treatment program and/or an alcoholic’s Anonymous meeting.

Call on a friend. If the family member still refuses to get help, ask a friend to talk with him or her using the steps just described. A friend who is recovering alcoholic may be particularly persuasive, but any person who is caring and nonjudgmental may help. The intervention of more than one person, more than that one time, is often necessary to coax an alcoholic to seek help.

Find strength in numbers. With the help of a health care professional, some families join with other relatives and friends to confront an alcoholic as a group. This approach should only be tried under the guidance of a health care professional who is experienced in this kind of group intervention.

Get support. It is important to remember that you are not alone. Support groups offered in most communities in clued Al-Anon, which holds regular meetings for spouses and other significant adults in an alcoholic’s life, and Alateen, which is geared to children of alcoholics. These groups help family members understand that they are not responsible for an alcoholic’s drinking and that they need to take steps to take care of themselves, regardless of whether the alcoholic family member chooses to get help.

You can call the National Drug and Alcohol treatment Referral routing Service (Center for substance Abuse treatment) at 1800-662-HELP (4357) for information about treatment programs in your local community and to speak to someone about an alcohol problem.

For more information, contact Pawnee Nation Substance Abuse Program at (918-762-2143). Ask for Barbara Attocknie

“This process is better known as twelve step calls.”
DIABETES AND EXERCISE: DON’T LET DIABETES GET IN YOUR WAY

Exercise is part of a healthy lifestyle for everyone, and it’s especially important for people with diabetes. Exercise doesn’t necessarily mean running a marathon or bench-pressing 300 pounds. The goal is to get active and stay active by doing things you enjoy, from gardening to playing tennis to walking with friends.

If you aren’t in the habit of exercising, getting motivated is half the battle. Once you’re on the path to getting moving, you’ll find that it isn’t as hard to keep going—especially since you’ll feel better and more energetic as time goes on. Most people with diabetes find exercise is an essential part of their health care.

Just because you have diabetes doesn’t mean you have to sit on the sidelines. Get advice on what to consider and how to talk to your health care team about getting active.

• Talk to your health care team about which activities will be safe for you. Your health care provider’s advice will depend on the condition of your heart, blood vessels, eyes, kidneys, feet, and nervous system.

• Decide how you’ll keep track of your progress. You may find it motivating to write down what physical activity you’ve done each day. Some people enjoy using a pedometer to see how far they’ve walked.

• Choose what you’ll do and make detailed plans. Think about what activities are realistic for you and the ones you think you can do. Start slowly. Your activity should be somewhat challenging but not overly difficult.

• Plan to have water and snacks handy during activity. Drink plenty of water before, during, and after activity. If you are at risk for low blood glucose, always carry a source of carbohydrate to so you’ll be ready to treat low blood glucose.

• Wear a medical identification bracelet, necklace, or a medical ID tag to protect yourself in case of emergency.

Understand Your Blood Glucose Reaction

• Learn your blood glucose response to exercise. Checking your blood glucose before and after exercise can show you the benefits of activity. You also can use the results of your blood glucose checks to prevent low blood glucose or high blood glucose.

• If your blood glucose is high before you exercise (above 300), physical activity can make it go even higher, so be cautious about doing something active. For those with type 1 diabetes, if your fasting glucose level is above 250 and you have ketones in your urine, it’s best to avoid physical activity.

• Learn how to avoid low blood glucose (hypoglycemia). Keep in mind that low blood glucose can occur during or long after physical activity. Low blood glucose most likely occurs if you:
  
  o Take insulin or diabetes pill
  o Skip a meal
  o Exercise strenuously
  o Exercise a long time

• If low blood glucose is interfering with your exercise routine, eating a snack before you exercise or adjusting your medication may help. Talk to your health care team about what is right for you.

• During activity, check your blood glucose if you notice symptoms such as hunger, nervousness, shakiness, or sweating.

• If your blood glucose is 70 or below, have 2 to 5 glucose tablets, ½ cup (4 ounces) of fruit juice, or ½ cup of a regular soft drink to raise your blood glucose. After 15 minutes, check your blood glucose again. If it’s still below 70, have another serving and repeat these steps until your blood glucose is at least 70.

(Food & Fitness, American Diabetes Association, 2009)
Piccolella-Gregory

Brian Lee Piccolella and Gwen Renee Gregory wed Thursday, December 31, 2009, at 4 p.m. in Pawnee before Pastor Lance Howell of Skedee Assembly of God.

Parents of the couple are James & Kelly Rice of Pawnee and Joseph Piccolella, Jr. of Converse, TX & Susan Chapman of Pawnee.

Ring bearer was their son, Gabe Piccolella.

They currently reside in Arizona.

SOLDIER COMES HOME FOR CHRISTMAS DANCE

PFC Pearle Mae Hare was home on leave from Ft. Bragg, South Carolina, attended the Pawnee Indian Veterans Christmas Dance. Pearle is the daughter of Karen Haymond and Walter I. Hare Jr. Pearle has completed her Basic Training and is now stationed at Ft. Bragg, South Carolina (Airborne Division), for her AIT training. Her Uncle Ralph Haymond Jr., is the Pawnee Veterans Whipman and her Mother Karen R. Haymond is employed by the Pawnee Nation, Enrollment Department. Her Father Walter I. Hare, Jr. is the Executive Director for the Tonkawa Tribe of Oklahoma.

Happy 1st Birthday

Nipawset Albin

Love,
Quannah, Mom & Dad

PAWNEE WRESTLERS WIN WEIGHT CLASSES

Pawnee Tribal members Devyn EchoHawk, Marlin Miller and Marlon Houston, Jr. all placed 1st in their weight classes at the 2010 Carmen Classic Wrestling Tournament in Pawhuska, Ok. on January 22 & 24. Devyn wrestles at Heavyweight for the Pawnee Black Bears, he placed 4th at State and 1st in NW regionals last year. He is the son of David & Angie EchoHawk.

Marlin Miller wrestles at 152 lbs and was a state qualifier last year. He wrestles for the Pawnee Black Bears. He is the son of Denise Miller.

Marlon Houston, Jr. wrestles at 165 lbs and was last years State Champion at the OKWA State Tournament. He lives in Hominy with his parents, Marlon & Lakinda Houston.
CONGRATULATIONS TO JOSEPH SPRINGER III

Joseph Springer III, 16, Otoe-Missouria, Pawnee and Omaha, is a junior at Lawrence High School in Lawrence, Kansas. He is a member of the Lawrence High cross/country team, who won back to back state titles in class 6A. (2008/2009) Joseph also qualified for All-State honors by finishing in 14th place with a time of 16:31 in the 5K race held at the University of Kansas Rim Rock Farm in Lawrence, Kansas. Joseph also finished in 6th place at the Regional Cross/Country Championships held at Haskell Indian Nations University on Oct. 24th to qualify for the state championships with a time of 16:13. Joseph was one of 3 from Lawrence High School who was named to the All-Area Team. Lawrence High won the team championship at regional’s which qualified them for state as a team. Joseph was named team captain for next year’s team. Joseph’s sister Jacy Springer, 14, Otoe-Missouria tribal member is also a member of the Lawrence High School Cross/Country team. Jacy is the only freshman from Central Junior High School to run for Lawrence High as a freshman. Joseph & Jacy are the children of Galen B. Springer, Lawrence, Kansas and Vera J. Lyons, Pawnee, Oklahoma. Joseph’s grandparents are the late Joseph Jr. & Anna Mae Bassett Springer, and the late Horace & Marcela Smith Lyons. We are very proud of the accomplishments these two student-athletes bring to our community and for our Otoe-Missouria and Pawnee relatives in Oklahoma.

QUANNAH MORRISON RECEIVES STUDENT OF THE MONTH AWARD

Quannah Morrison was student of the month Sept/Oct for his Kindergarten class at Greylock Elementary school. He is five yrs old and enjoys school, playing hockey, basketball, baseball and soccer.

Quannah also likes cheering for the Redsox, Celtics, Bruins and NE Patriots. He also enjoys playing with his little brother Nipawset Albin. Quannah is the son of Jamie Morrison and Ella Mae Jake-Blackowl of North Adams, MA and the grandson of Elizabeth Blackowl of Pawnee, OK and Rene and Jannine Verhaegen of North Reading, MA.

HAPPY 2ND BIRTHDAY AVEN KING

Love
Mom & Dad

HAPPY 13TH BIRTHDAY THOMAS JR.

Love, Mom, Dad, Andrew Amber & Aven King
By Nannie Sewell, Caregiver/Outreach Provider

Being a Caregiver can be a demanding and intimidating responsibility, especially if a medical emergency occurs. Learning just 5 basic steps to emergency preparedness and having a first aid supply can give you a greater level of comfort as a caregiver.

Step 1 – Take a CPR class. The ABC’s of emergency response is: A (airway), B (breathing), and C (circulation).

Step 2 – Learn the Heimlich maneuver. Learn to clear someone’s airway in the event if food becomes lodged in the throat.

Step 3 – Maintain a well-stocked first-aid kit. Keep a second first-aid kit in your car, and keep both out of the reach of children.

Step 4 – Keep a medical providers list and copies with you at all times. Always have doctor’s names and numbers on the list along with a list of all medications and other health facts. Have another list of family members to notify in case of an emergency.

Step 5 – Buy an automatic blood pressure cuff. Learn to use one and practice using it regularly. On doctor’s visits check its accuracy against the physician’s blood pressure monitor. Taking and following these steps in advance will help you handle a crisis and be prepared, if one should occur.

If you would like more information regarding our Caregiver Services please contact the Title VI Senior Program office at (918) 762-4042, Monday through Friday from 8:00 am – 4:30 pm.

RECENT OU GRAD ACCEPTS FDIC POSITION

Andrea L. Oberly is a goal setter. She was graduated from the University of Oklahoma, December 18, 2009 with a B.A. in Public Affairs and Administration.

While at OU, she was recruited by the Federal Deposit Insurance Corporation (FDIC) to participate in a program designed to train bank examiners. Andrea spent two semesters participating in the program; accomplishing it by carrying 24 hours each semester.

After she graduated from the University of Oklahoma, she accepted a position as a bank examiner with FDIC and now works in Dallas, TX.

Andrea’s proud parents are Katherine G. Geyer, Pawnee tribal member and husband David Geyer of Norman, OK and Martin A. Oberly, Comanche/Osage and wife Linda Oberly, of Yukon, OK.

Following her graduation from Norman High School, Norman, OK, Andrea moved to Florida where her older brothers Evan with wife Heather and brother Robin reside. There, Andrea began carving out her career in the financial arena working as a loan processor at Insight Financial Credit Union while attending Valencia Community College. She was a member of the Honor Society and Phi Theta Kappa.

Returning to Oklahoma, Andrea continued the family tradition of being an OU alumnus. She is third generation to complete her degree from the University.

Her maternal grandmother Theda GoodFox Kresge and her father Martin A. Oberly received degrees from OU. Andrea made the Dean's List and the President's list for her grade achievements.

Andrea is a descendent of Curly Chief, Kitkahauki Chief and is the great-great-granddaughter of William (Buffalo Chief) and Nannie Curly Chief Mathews. Maternal great-grandparents are the late Gertie Mathews GoodFox Roberts and Thedore GoodFox, Chaui. Paternal grandparents are the late Acee Oberly, Osage and Eva Winerchee Oberly, Comanche. Maternal grandparents are Theda GoodFox Wedgeworth Kresge and Grant M. Kresge and the late James A. Wedgeworth.

The breakfast of winners is not cereal.

Breakfast Buffet Thursday to Sunday 7:00 am - 10:30 am

join us on twitter

get your news updates at twitter.com/PawneeNation
IMPORTANT INFORMATION FOR FOOD DISTRIBUTION PARTICIPANTS

By Florissa Kanuho

In the next few weeks to several months, our program will be experiencing a lot of construction to the Roam Chief Building. The program will be undergoing an expansion to the building, which will provide our program with new offices and a waiting area. This will be done in the warehouse area, so we will be finding alternate ways for you to take out your food. We will provide carts to help transport your food to your vehicle, as well as someone to help you.

There may be times when the program will have to be closed, so you will need to call the office at (918) 762-2541, ext. 21 or 26, to see if we are open. When possible, the program will let you know in advance, if we need to be closed.

We know that this is going to be a big inconvenience to you and we are asking you to bear with us during this time. When it is all over, the program will have a real nice building that we can all be proud of and to help us better serve you.

IS PAWNEE CONSIDERED A RESERVATION?

By Alba Wade, Communications Assistant

There have been questions, people wondering if the Pawnee’s have a reservation. If so, when did it come about, and how much land is in the reservation? You will now learn about the Pawnee Tribal Reservation and the history that it carries.

The Pawnee Tribal Reserve is about 646 acres, plus four 10-acre cemetery sites. This land was set aside from the public domain by the Congress and “declared to be held in trust by the United States for the benefit of the Pawnee Tribe of Oklahoma.” The relevant history of the Reserve began with the Cession Agreement with the Jerome Commission of November 2, 1892.

Then on March 3, 1893, an agreement was made between the Pawnee’s and the United States, that the land was to be used for “churches, educational purposes, or for public use by the United States.” The lands were to be credited to the Pawnee Tribe. 800 acres of land were formally reserved for school and agency purposes in addition to four, 10-acre cemetery sites. An approximate $80,000 as partial payment for the surplus lands was paid to the Tribe.

In 1946, The Pawnee Tribe sought compensation for the failure of the United States to fulfill various treaty and legal obligations including payments that the United States agreed to pay. The Indian Claims Commission, which is a panel between the United States and Native Americans. They claimed that the reservation was the Pawnee Tribe’s property, and made an agreement in 1892. The Pawnee Tribe was entitled to the rest of the payment for the reserved lands, but it was put at the rate of the (1892) agreement, so it was only $1.25 per acre and was not fair market at the time of conveyance.

In 1953, the Pawnee’s were never paid for the remainder of the reserved lands. When the reservation was no longer needed, The Bureau of Indian Affairs issued a year-to-year revocable permit to the Pawnee Tribe to use for whatever plans prepared by the Tribe. In 1968, a bill was passed that the Land be held in trust by the United States for the benefit of the Tribe.

The fact that the Congress did not declare the lands of the Reserve a reservation in the Act of October 2, 1968, does not mean that the Pawnee land is not a reservation. June 21, (1939), a case was made, United States v. John, 437 U.S., it declared that lands constituted a reservation and indicated that this would be the case whether or not a formal proclamation had been issued.

In 1980, the Court Appeals in Cheyenne-Arapaho Tribes v. Oklahoma, was asked to determine whether certain lands held in trust for the Cheyenne-Arapaho Tribes constitutes Indian country. Like the Pawnee’s, the Cheyenne-Arapaho made the Cession Agreement with the Jerome Commission. Congress enacted a series of special statutes declaring certain land to be held in trust for the Cheyenne-Arapahos’ for their benefit of course. The Court of Appeals, relying on the John case, concluded that all lands held in trust for the Cheyenne-Arapaho Tribes pursuant to act 5 of Congress are Indian country.

So based on history, The Pawnee Reservation had to fight for the reservation name, and still the land is in the hands of the Federal Government. Being held in trust for the benefit of the Pawnee Tribe, but according to the Division of Indian Affairs, The Pawnee Tribal Reserve constitutes a reservation.

So the answer to the question, “Does Pawnee have a reservation?” is Yes, Pawnee does have a reservation throughout Pawnee County. There are about 646 acres of land that proudly belong to Pawnee Tribe.

I way too a hay (Thank You)

Information researched from the Division of Indian Affairs- Jurisdictional status of the Pawnee Tribal Reserve.

FITNESS CENTER WEIGHT LOSS COMPETITION

Four person teams with a entry fee of five dollars per person (twenty dollar team cost)

Sign up and initial weigh in will run from January 19, 2010 until February 5, 2010. Duration of contest will be three months (Final weigh in will be May 7, 2010 by 6:30 p.m.)

Prizes will be awarded for 1st through 3rd places. Prizes will be determined by total number of participants.

Weigh in will be done on a weekly basis on Friday throughout the competition.

For more information, contact Mike Ortiz at 918-762-3000.
Francis Edward Wheeler
October 24, 1934 - December 13, 2009

Francis Edward Wheeler, Sr., age 75, went to be with our Lord and Savior, Jesus Christ on December 13, 2009 in Tulsa, OK after a brief illness. He was born in Pawnee, OK on October 24, 1934 to Antoine and Ruby Bell Burnett Wheeler. He grew up in Pawhuska, OK attending Immaculate Conception Catholic School and graduating from Pawhuska High School in 1951. He attended Tonkawa Junior College where he was an avid sportsman playing football and basketball. In 1953, Francis transferred to Northeastern State University, earning letters in both football and basketball. He was a member of the 1953 team that won the Oklahoma Collegiate Conference championship. He graduated in 1955 with a bachelor’s degree in secondary education.

He married Dorotha Crumrine in 1956 and they had 4 children. Francis began his professional career at the high school level as a football, basketball, wrestling, and baseball coach and principal. He coached at Stilwell, Broken Arrow, Glenpool, Tulsa McClain and Tulsa Memorial where he was head football coach. In 1966, Francis began coaching at the University of Tulsa serving as defensive line coach and defensive coordinator under head coach Glenn Doebbs. He left coaching in 1969, going into private business. He was a manufacturer’s rep for various sporting goods and apparel lines. In 1988, he opened Three Flags Smokeshop, later he acquired numerous smoke shops in the Tulsa area.

In 2006, Francis served as President of the NSU Athletic Association and was on the Board of Directors. He also was on the Foundation Board of Directors for NSU. In 2005, he was inducted into the Northeastern State University Athletic Hall of Fame. In 2008, Francis was chairman of the Hall of Fame Committee. He also chaired the assistance plan for the NSU Athletic Association. On September 26, 2009, his beloved NSU honored Francis by naming the locker room after him. He was a member of St. Vincent De Paul Church in Coweta.

Mr. Wheeler was preceded in death by his parents and brother, Antoine “Tony” Wheeler. He is survived by: his daughter, Shelly Wheeler Cahalen and husband, Danny of Flower Mound, TX; sons, Tony and wife, Vicki of Flower Mound, TX, Francis, Jr., and wife, Lisa of Broken Arrow, Richard and wife, Jimmie of Wagner; sister-in-law, Lina Wheeler of Pawhuska; 1 niece and 2 nephews. Grandchildren include Jacob Cahalen and wife, Casie, Jessica Cahalen, Ty Wheeler and Whitney Wheeler, Jared Wheeler, Cody Wheeler and Caleb Wheeler. Surviving great-grandchildren are Presley Cahalen and Cash Cahalen. In addition, Francis is survived by his longtime girlfriend and business partner, Janie Fellers. His dog, Smokey will greatly miss him.

Services were held at 1 p.m. on Friday, December 18, 2009 at St. Benedict’s in Broken Arrow, OK with Father Joe Townsend officiating.

Obituaries

Alba Jo “Jody” Beard
May 21, 1953 - December 8, 2009

Alba Jo “Jody” Beard was born on May 21, 1953 at Clinton Indian Hospital in Clinton, OK to Gilbert Beard and Mabel Louise Leading Fox Beard. She passed from this life on Tuesday, December 8, 2009 in Tulsa, OK having reached the age of 56 years, 6 months, and 17 days.

Jody attended Chilocco Indian School and Fort Sill Indian School. She was an avid reader of the bible, and loved to sing praises to the Lord, and more than anything, she loved to share teachings of the Lord with others.

Jody was survived by two brothers, Lorenzo Beard, Moore, OK and William Beard, Yukon, OK, two sisters, Suzi Pickering, Pawnee, OK, Sharon Beard, Pawnee, OK, and a daughter, Jacquelyn Beard, Pawnee, OK. Plus numerous nieces, nephews, grandchildren, other relatives, and friends. Jody was preceded in death by her parents, Gilbert and Mabel Beard, brothers, Jimmy Dale Beard, Gilbert Beard Jr., and Jacob Keith Beard, and her sisters, Kip Beard, Johnnie Mae Tiger, and Lena Denise Beard. Interment was held at the North Indian cemetery, Pawnee, OK.

Lucille Marie (Wilson) Wilde
January 19, 1934 - January 21, 2010

Memorial Services for Lucille Marie (Wilson) Wilde, 76, of Tulsa, were held January 24, 2010 at the Johnson Funeral Chapel in Sperry, OK. David L. Wilde officiated and services were entrusted to Johnson Funeral Home, Sperry.

Lucille was born January 19, 1934 in Mountainburg, Arkansas to David L. and Bessie G. (Stokes) Wilson. She passed away January 21, 2010 in Tulsa, OK.

She worked for 44 years as a public notary and an income tax preparer. She enjoyed gardening, wood carving, Indian art work, raising her 4 children, 9 grandchildren, 13 great grandchildren. Lucille and Sherman took children from the Turley Children’s Home to boxing matches all over Oklahoma.

She is survived by her husband of 57 years Sherman Wilde Sr.; daughter, Joyce Spencer and husband Silas; son, Sherman “Cochise” Wilde Jr. and wife Cindy; Daughter, Delores Harkey and Husband Glen; Brothers, Curtis Wilson and Dub Wilson of Sperry; Grandchildren, Misty Belcoff, Mandy Ketchum, Tonya Hall, Christina Harkey, Shawn Wilde, Sherman “Trae” Wilde, Valerie Taylor, Sheran Wilde and Justin Harkey; 13 more great-grandchildren and a host of nieces and nephews; and many other relatives and friends.

She was preceded in death by her parents, David L. and Bessie G. (Stokes) Wilson; daughter, Sharon Lou Wilde; Great Grandson, Shawn D. Wilde Jr.

Online condolences can be made at johnsonfhsperry.com.
PAWNEE IHS NEW PATIENT PROCEDURES

If you are a new patient, it is easy to establish a chart, but the following items are required:

**Adults and children:**
- Certificate Degree of Indian Blood (self, parent or spouse)
- Children using a parents CDIB must have a State issued birth certificate
- and/or Proof of Tribal enrollment
- Picture ID
- Social Security card
- Insurance cards (both front and back copies)

All children and expecting mothers who are new will need to visit with Patient Benefits coordinator to enroll for Oklahoma Soonercare/Medicaid.

Starting October 7, 2009 operating hours are Monday- Friday 8:00am-4:30pm, to be seen in the Medical Clinic you must check in before 3:30pm.

We have also begun immunizing our patients over age 18 against seasonal Flu (Influenza), all children over 6 months old are urged to receive flu shots. Children’s vaccine will be available within 30-45 days. You can receive a flu shot any day of the week by checking in at registration.

**Pregnant non-Indian women:**
- Certificate Degree of Indian Blood (Child’s Father)
- and/or Proof of Tribal enrollment
- Marriage License or notarized
- Paternity Affidavit
- Proof of Pregnancy (letter from Doctor, Health Department, or Ultrasound picture)

**Stacy L. “Bo Bo” Mathews**

May 3, 1951 - January 13, 2010

Stacy L. “Bo Bo” Mathews was born on May 3, 1951 in Pawnee, OK to Arlene Fern Mathews. He passed from this life on Wednesday, January 13, 2010 in Pawnee, OK having reached the age of 58 years, 8 months, and 10 days. He moved to Pawnee from Tulsa approximately five years ago, and was affiliated with the Pawnee Indian Baptist church. He traveled a lot and had many friends. He knew many people, famous and not so famous, and never knew a stranger. Bo Bo had a good sense of humor and loved to tease people. He never missed a chance to “tear someone up”.

Bo Bo is survived by 2 daughters: Arlene Mathews, Altus, OK, and Rachael Mathews, Norman, OK, two grandchildren, Mya Winsea, McCloud, OK, and Nolan Winsea, McCloud, OK, Sisters, Margaret Ahhaitty, Tuttle, OK, Helen Pickering, Pawnee, OK, Blanche Smith, Pawnee, OK, Jean Grant, Pawnee, OK, and Ruth Pickup, Pawnee, OK. Plus a number of other relatives, and many friends.

Bo Bo is preceded in death by his twin brother, Robert Joe Mathews, son, Billy Joe “Mikey” Tiger; mother, Arlene Mathews, and grandmother, Cecelia Mathews.

Services were held at 11am, Saturday, January 16, 2010 at the Pawnee Indian Baptist Church, Pawnee, OK with Rev. Warren Pratt, Jr. and Jarvis LeRoy officiating. Interment held at the South Indian Cemetery, Pawnee, OK under the direction of Poteet Funeral Home, Pawnee, OK.

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**PAWNEE NATION STAFF DIRECTORY**

**BUILDING 64: 762-3621**
- Executive Office
- Pawnee Business Council
- Finance
- Human Resources
- Grants & Contracts
- IT Department
- Tribal Planner/ANA SEDS
- Communications
- ICDBG/Health Center Project

**PAWNEE NATION COLLEGE**
- Albin Leadingfox Building: 762-3343

**TRIBAL DEVELOPMENT CORPORATION: 762-4832**

**I.H.S. HOUSEKEEPING: 762-3605**

**FAMILY DEVELOPMENT CENTER**
- Fitness Center: 762-3000
- Hukasa Child Center: 762-3007

**PAWNEE NATION HOUSING: 762-3454**

**SUBSTANCE ABUSE PROGRAM: 762-2153**

**BUILDING #1: 762-3624**
- Tax Office/Enrollment Office
- Repatriation

**PAWNEE TRIBAL COURT: 762-3649**

**WELLNESS CENTER**
- REACH US 2010: 762-6495
- Title VI: 762-4042
- 0-2 Day Care: 762-2489
- Indian Child Welfare: 762-3358

**ROAM CHIEF BUILDING: 762-2541**
- Diabetes
- Education & Training
- CHR’s
- Food Distribution

**FIRE STATION**
- Pawnee Nation P.D.: 762-3013
- DECS/Transportation: 762-3655

**PROPERTY/ROADS: 762-2273**
THE FRESHNESS OF A DREAM

By, Theda GoodFox Kresge

Her emails have two statements at the bottom; “Let’s be realistic. Try the impossible.” and “How about it? Let’s raise some hell!” The first is from Che Guevara and the second was said by Clyde Warrior (Ponca). The two are reflective of the young Pawnee woman, of dreaming impossible dreams and then disquietly moving to make changes sometimes becoming distressed and uneasy when results began occurring as they always do.

She is Julia Good Fox, a recent addition to the Board of Trustees at Pawnee Nation College. Julia is half-Pawnee and an enrolled tribal member. A Professor who teaches at Haskell Indian Nations University, she is also the Acting Chair of their Indigenous and American Indian Studies Program. Other duties are being on the Executive Committee, Faculty Senate Committee and serving on the Editorial Board of Wicazo Su Review, a journal.

Julia received her BA from the University of Oklahoma in 1993, and her MA in 1996, also from OU. She is currently a Ph. D. Candidate from Kansas University, the American Studies Program.

Her past experience is in public health and information technology.

Julia's passion is the tribal college movement; she hopes someday to see all the tribal colleges on an equal footing with non-Indian colleges and universities. Julia relates how those who are not a part of tribal colleges sometimes deflect the achievements and academic pursuits of those who are graduates of the tribal colleges.

Aside from her scholastic and intellectual achievements, Julia sometimes reflects on the fact that her late grandmother Gertie Mathews GoodFox Roberts was a Haskell graduate in the mid-1920s. Gertie married Theodore “Teddy” GoodFox and they had one child, a daughter. Teddy died suddenly when the baby was two years old. Teddy had one brother Lawrence GoodFox, Sr.

That baby was me.

Julia asked me if I would write this news release about her recent Trustee position. Julia wants to do the best she is capable of doing for the college and the students. I know she is a producer and motivator and will accomplish what is possible.

Julia is the youngest of my brood. She never knew her father. He walked out of our lives when she was three.

Life sometimes plays cruel tricks. I never knew my father but I had a grandmother and grandfather who gave me a strong foundation. I hope I did the same for Julia.

HEALTHY NATIONS SPORTS UPDATE

By Suzy Knife Chief Snell, HP/DP Healthy Nations

Health Promotions / Disease Prevention (HP/DP) “Healthy Nations” department is finishing up “Tiny Tot”, 2nd, 3rd, 4th grade basketball season from the beginning of October thru the end of January. 2nd and 3rd graders are in a tournament the week of January 18-23.

The boys (40% Native American (NA)) are at Olive, coached by Herman and Chris Sleeper. The girls (43% NA) are at Agra, coached by Trinity Brown and Hether Heisler. Although they didn’t place, it’s the experience that was gained. All coaches should be commended on the efforts they put forth creating fun with fundamentals!

The week of January 25-30; 4th grade boys and girls will be in their tournament. The boys (56% NA) are at Agra, coached by Thad Brady, James Black, and Nolan Grant. The girls (85% NA) will stay here at Pawnee who had an excellent undefeated season 10-0 going into the tournament, being coached by Suzy Snell, Kelly Pickering, and Steve Nelson.

The 4th grade girls Indian Taco sale raised money for the girls to be heading to the OSU vs. OU game on February 6th with a shout out to them during half time. Prior to the game, the girls will be treated to Ci Ci’s pizza. On behalf of the 4th grade girls, thanks so much for everyone’s support with the fundraiser. There was a great turnout and the girls will enjoy their reward.

Everyone who played did an awesome job with great team sportsmanship as well as the coaches. The kids have made milestones leading up to be true Lady Bears and Black Bears! When it comes down to the wire, fundamentals create a great basketball team. Whether it’s shooting skills, dribbling skills, passing skills, moving, or making free throws, good habits are successful. Children learn things quick while they are young with no habits to speak of. If they learn 3 seconds in the lane, double dribbling and walking now in grade school. The habit will be formed by the time they hit middle school. And that’s what I call Basketball!!

Attention: WANTED 5th grade girls for the basketball league starting now thru middle of March.
THE CENSUS NEEDS THOUSANDS OF PEOPLE IN OKLAHOMA TO FILL JOBS

The US Census Bureau will hire thousands of people throughout the state of Oklahoma between now and next spring. This strong economic shot in the arm is like having several factories open up in the state! Up to a total of approximately 5,000 people will be on staff during peak times.

“This is the largest civilian mobilization of workers in the history of the United States” said Dennis Johnson, Regional Director.

These are good paying, temporary jobs for the field positions of Recruiting Assistants, Crew Leaders, Crew Leader Assistants, Census Takers and Census Clerks. Amount of pay depends on position and location. Work related mileage is reimbursed. There may be some opportunities for advancement.

Positions are available in every community.

The U. S. Census Bureau encourages interested persons to apply for these jobs by calling the Toll Free Jobs Line at 1-866-861-2010.

THE PAWNEE NATION OF OKLAHOMA
ENROLLMENT DEPARTMENT
CHANGE OF ADDRESS AUTHORIZATION

Date: __________ Date of Birth: ________________

Name: _________________________________________

Current Address:
_______________________________________________
_______________________________________________
_______________________________________________
_______________________________________________

Signature of enrolled member or guardian

MAIL TO: P.O. BOX 470, PAWNEE, OK 74058

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IF YOU SEE AN ERROR IN ONE OF OUR STORIES, PLEASE BRING IT TO OUR ATTENTION.

You may contact us by phone at 918-762-3621 X 25. By e-mail at communications@pawneenation.org or by mail at PO Box 470, Pawnee, OK 74058.
StoneWolf Casino offers incredible promotional opportunities for you to enjoy. Whether it’s Men’s Night, Ladies Night or Seniors Morning, there’s always something going on at StoneWolf that will keep your adrenaline pumping and the jackpots rolling.

Ladies Night
Every Monday from 5pm - 10pm, Ladies receive $5.00 Free Play. From 5pm – 9pm, Ladies can register for a $500 cash drawing to be held at 10pm. From 6pm - 9pm, hourly drawings for a $100 cash hot seat will be held.

Men’s Night
Every Tuesday from 5pm - 10pm, Men receive $5.00 Free Play. From 5pm – 9pm, Men can register for a $500 cash drawing to be held at 10pm. From 6pm - 9pm, hourly drawings for a $100 cash hot seat will be held.

Seniors Mornings
On Thursdays, Seniors receive $5 Free Play from 7am - noon. During Seniors Mornings, earn DOUBLE POINTS on your Players Club Cards and the StoneWolf Grill breakfast buffet is 50% off! Must be 55 or older to participate.

Help the Pawnee Nation go green and save green!!! Tribal members are encouraged to sign up for e-Chaticks, an e-mail version of the print newsletter. Through e-Chaticks, you will help the environment by saving paper and help the Pawnee Nation reduce its printing and postage costs. Plus, you will receive your e-Chaticks newsletter via e-mail several days before the paper edition is delivered by snail mail!

To sign up for e-Chaticks, please send an e-mail to communications@pawneenation.org.