

## Help Clear the Air : Opportunities from the REACH US Program

By Whitney Nuttle  
REACH US Assistant

There are new and exciting opportunities coming through the Pawnee Nation REACH US Program. Beginning Feb. 6, 2012 through March 12, 2012, REACH US will host a six-week Tobacco Cessation Course. The class will meet every Monday at 6 p.m. in the Health and Community Service Building Conference Room.

Also, the Pawnee Nation REACH US will host two M-Power Workshops, presented by the Osage Nation, on Wednesday, Feb. 22 and Wednesday, Feb. 29 at 10 a.m. in the Health and Community Services Building Conference Room. The Feb. 22 workshop facilitators will discuss Second and Third Hand Smoke and the Feb. 29 workshop presenters will focus on Smoke Free Homes.

For more information, contact Whitney Nuttle at (918)762-3873, option #5 or Suzy Knife Chief at (918) 762-2153.