

Chu Rahikuts

"BRAVE WOMAN"

EVERY 1ST AND 3RD
MONDAY

STARTING IN APRIL 2015



TIHIRASA



Therapeutic group session is designed to offer healing and support for survivors of domestic violence, sexual assault, and stalking. Hands on activities will promote healing and character development. This group is not just a talking circle; it will incorporate quiet times, meditation and reflection into our recovery as well. Our goal is to promote growth from survivor to advocate for this epidemic. We will band together to create change for our people.

MUST SIGN UP FOR YOUR FIRST GROUP SESSION:

Call Sarah Payne at 918-399-3310 or 1-855-810-4144

Time: 5:30pm- 1 hour session (as the group grows we will offer a noon group as well- TBA)

Eligibility: Any victim or survivor of domestic or sexual abuse, stalking or dating violence

Fees: None

Location: Tihirasa Domestic Violence Center,
301 Maintenance Road, Pawnee, OK

Children's Group and Local Transportation Provided