



# PAWNEE NATION OF OKLAHOMA

DHCS-TITLE VI Senior Nutritional Meals Program  
(918) 762-4042

Lunch is 11:30am to 12:30pm  
Drinks and fruit served daily

# JULY 2018

MONDAY	TUESDAY	WEDNESDAY	THURSDAY
2	3	4	5
<b>CLOSED</b> Break Camp Day	<b>CLOSED</b>	<b>CLOSED</b> Independence Day	<b>CLOSED</b>
9	10	11	12
<b>Pimento Sandwich</b> 3 - Bean Salad w/ Croutons Baked Chips	<b>CLOSED</b> CPR Training for Staff	<b>Chicken Strips</b> w/ Gravy Seasoned Potato Wedges Fried Okra	<b>Tuna Fish Sandwich</b> Pea Salad Baked Chips
	<b>Food Bank</b>	<b>Diabetic Check</b>	
16	17	18	19
<b>Beef Soft Taco</b> (LOTC) Salsa & Sour Cream Chips & Guacamole	<b>Cabbage &amp; Sausage Links</b> Baby Bakers Corn on the cob Roll	<b>Bacon &amp; Cheese Hamburgers</b> (LTOP) Onion Rings	<b>Egg Salad Sandwich</b> Strawberry Spinach Pasta Salad Croutons Celery Sticks
23	24	25	26
<b>Hamburger Steak on Bread</b> Mashed Potatoes w/ Gavy Mixed Veggies	<b>Baked Herb Chicken</b> Stuffing & Gravy Cheesy Gralic Roasted Asparagus	<b>Goulash</b> Green Beans Garlic Bread Stick Birthday Cake	<b>Frito Chili Pie w/ Beans</b> w/ Cheese & Onions Tater Tots Garden Salad
	<b>Food Bank</b>	<b>Diabetic Check</b>	
30	31	Aug 1st	Aug 2nd
<b>BLT on Texas Toast</b> Bow Tie Pasta w/ Bell Pepper Baked Beans	<b>Chicken &amp; Cheese Enchilada Casserole</b> Mex - Corn Chips & Salsa	<b>Pork &amp; Hominy Soup</b> Oven Baked Potatoes Flour Tortilla	<b>Turkey Sub</b> Lettuce & Tomato Pasta Salad Cheese Cubes

Menu Approved by: Kellie Bryant, Pawnee Indian Health Service Registered Dietician on 6.18.2018

A senior is 60+ years

Non-elder meal is \$7, served after 12:10pm

Transportation and meal requests are accepted until 8:30am

Deliveries are available for the ill

